

Hi there!

My name is Ainsley Moden, and together with Zarina Ally we are delighted to be chosen as the Queensland state representatives for the Australian Chapter of IAIM.



Queensland has 18 CIMI's registered throughout the state, with the majority of members based in the South East and the Far North.

Zarina and I are both enthusiastic about sharing with you over the coming months, and we thought it would be nice to put together a bi-monthly email of baby massage news within our sunshine state.

Our aim to create a friendly community where we can learn, exchange and share together to contribute to the success of our own infant massage groups.

What would you like to know?

Please tell us what you would like to read, learn or share in our newsletters? Maybe you have some good success stories or insights that will help other Qld CIMI's? Would you like to know how other CIMI's run their courses? Do you have an effective promotional flyer that you would like to share? What oil do you use in your classes?

Brisbane Meeting - are you available on Saturday 28 November?

There will be a new instructor course being held in Brisbane between 26-29 November at the Brisbane Mater Hospital. Zarina will be attending this course as a re-fresher and I will be coming down from the Sunshine Coast one day, to meet Zarina, and the trainer, Glenda Chapman, and hopefully you! Please do let me know if you are available so we can arrange a time and location.

Zarina says "Hi"

My nursing career path has spanned many decades, with qualifications from South Africa in General Nursing, Midwifery, Community Nursing Science and Honours B.A. Nursing Science and in Australia the Triple P (Positive Parenting Programme), Infant Massage and Lactation Consultancy, enriching me with experiences from acute hospital settings, midwifery, primary health care, community health nursing services and maternal and child health services.

For the past 7 years I specialized in the field of Child Health and realised that the nurturing touch has remained a therapeutic manoeuvre in the invaluable establishment of attachment and bonding between baby and their caregivers, thus promoting psychological and physiological development.

Apart from teaching parents/caregivers about infant massage at a parenting residential centre, a Queensland Health facility, where I work, I do not run my own infant massage classes. I hope to do so in the near future.

A bit about Ainsley

My husband and I have recently returned to Australia in February 2009 after living in the UK for the past 8 years. After several years in sales management I took the bold step to re-train as a sports massage therapist in 2005 and I haven't looked back! I established my own business, body connection while in the UK and learnt baby massage in London in 2007.

I now live on the beautiful Sunshine Coast and will re-launch my baby massage classes in Buderim on Monday 9 November

Remedial massage, pre-natal massage and learn to swim teaching keeps me busy. In my spare time I'm training to compete in triathlons this summer.

I'm keen to learn about your CIMI's classes, costs, numbers & timings etc. I look forward to hearing from you!