

# *Building Good Relationships*

International Association of Infant Massage Conference 2010

Date: Sat 15<sup>th</sup> and Sun 16<sup>th</sup> May 2010

Time: 8.30 registration, 9am to 5pm daily

Venue: The Centre, 14 Frances Street Randwick

Cost: \$125 per day or \$200 for both days – Price includes morning tea & lunch

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**Dear IAIM CIMI. Please join us for this event and help “Building Good Relationships” as IAIM Instructors .**



**KEYNOTE SPEAKER Associate Professor Graham Reynolds;** Dept of Paediatrics & Child Health, Australian National University Medical School, Canberra, and IAIM's joint Patron.

Professor Reynolds' will expand your enthusiasm for Infant Massage and working with parents and caregivers and babies as he presents our theme topic “Building Good Relationships”.

**Program: AGM, Workshop and Conference Saturday 15th & Sunday 16th May 2010**

## **Saturday – Reflection & Development**

- 8:30 Registration
- 9.00 Evaluating Infant Massage Classes - Cherry Bond – discover easy tools to improve your classes
- 10:30 Break for Morning tea
- 11:00 Stroke review, an in depth look at what we teach and why for instructors – Glenda Chapman
- 12:30 Break for lunch
- 1:30 Open Space – Being a CIMI – Issues, Challenges, Strengths & Hopes (Alice)  
(afternoon tea can be taken at any time in the afternoon by participants)
- 4:30 Wrap up, summary, where to from here?
- 5:00 Close

## **Sunday: - Conference**

- 9.00, Election of new committee, selection of volunteers
- 10.00 Morning Tea
- 10.30 Marketing the IAIM program. Glenda Chapman will present the new DVD for promoting your classes.
- 11:00 Associate Professor Graham Reynolds -
- 12:30 Break for Lunch
- 1.30 Tai Chi - Janice Peak. Gentle movements to stimulate your body and mind ready for the afternoon sessions
- 2.00 Alice Campbell: What does a “good” relationship with parents look like?
- 3.00 Afternoon tea
- 3.30 Infant Massage and Babies with Additional Needs - Julianne Castle and Helen Stone.
- 4.30 General Questions
- 5.00 Close

## **TOPICS INFO**

**“Evaluating Infant Massage Classes”** This shall be a stimulating session with lots of active participation for all CIMIs. Please bring a pen and paper to record many fabulous ideas and places of reference.

### **Cherry Bond**

Cherry is a CIMI, a founding member of IAIM UK chapter and neonatal nurse who has practiced for over 20 years. She has been involved with world renown research team lead by Professor Vivette Glover at a leading London hospital, looking at the positive effects of infant massage on the NICU and with postnatally depressed women.

### **Open Space**

The theme of this Open Space session is **“Being a CIMI: Issues, Challenges, Strengths and Hopes”**. Within this theme, participants will be invited to collectively explore whatever it is they really care about, and to create new possibilities and understandings with each other. Instead of using an agenda determined by someone else, open space uses the creative capacity of individuals and the group to explore issues of importance to the group, and to develop new possibilities together.

### **What does a “good” relationship with parents look like?**

There is now substantial evidence that the relationship between parents and workers has a significant impact on outcomes for both children and families. However, what constitutes a “good” relationship is not always well understood. This paper presents the results of a literature review that explored current research and evidence about the skills, knowledge and understandings of people working with families that influence the effectiveness of their relationship with families – particularly those who are vulnerable or in distress.

### **Alice Campbell**

Alice is a CIMI, Registered Nurse, and current President of IAIM Australia. She has almost 20 years experience working in community organisations with families in distress in both front-line and senior management roles. As well as volunteering her time with IAIM, Alice currently works as a consultant to a number of community and government organisations designing, developing, implementing and evaluating programs and services for children and families. She is also as a part-time Research Officer with the Institute of Child Protection Studies.

### **Tai Chi for the CIMI**

Having the ability to ground and relax yourself is a valued skill for an Infant Massage Instructor to possess. Janice will lead you through an easy Tai Chi routine to help you achieve total focus before presenting your class.

### **Janice Peak**

Janice is a CIMI, retired Administration Assistant and current Membership Officer of IAIM Australia. Janice is an experienced Tai Chi Instructor and has been teaching Infant Massage for the past three years.

**“Infant Massage and Babies with Additional Needs”**. Julianne Castle and Helen Stone will share case studies of children they have seen, and the specific challenges these presented for baby massage. They will also discuss some of the possible difficulties that a child may present with, in an infant massage class, and look at some strategies that a CIMI can use to deal with these, with emphasis on assisting both the child, and the parent.

**Julianne Castle and Helen Stone** are Occupational Therapists (specialising in paediatrics) who have worked for many years with children with a range of medical and developmental issues and concerns. In our current roles, as Therapists at Royal North Shore Hospital, we see a range of babies with a variety of conditions.

For **REGISTRATION FORM** refer to following page

If your membership has not been renewed for 2010 please add the \$100.00 fee and contact Janice Peak at [membership1@iaim.com.au](mailto:membership1@iaim.com.au) .

### **Who is the conference for**

The goal of all IAIM CIMI development days and conferences is to support the ongoing education of IAIM trained instructors and student members. If you are a CIMI or student and your membership has lapsed then you can attend by paying your 2010 subscription on the same form .

**Note only current members can attend the Annual General Meeting.**

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## REGISTRATION DETAILS:

Title: ..... First Name: ..... Surname: .....

Address: .....

Postcode: ..... State: ..... Phone: .....

Email: .....

Special Dietary Requirements: .....

## PAYMENT DETAILS:

Please Tick relevant box:  I am a member for period 2010 - 2011

Sat and Sun \$200.00 members only  Sat only - member only \$125.00  Sunday - members \$125.00

I wish to update my membership and have included

\$100.00 for Professional membership 2010  \$60 for Associate/student for 2010 membership

### Payment Method (please tick)

Cheque /Money Order to IAIM for \$\_\_\_\_\_ enclosed

Direct Deposit for \$\_\_\_\_\_ date paid\_\_\_\_\_ Ref number \_\_\_\_\_

**Please quote CONFERENCE and your surname as the reference on bank notice.**

**Direct deposit details:** IAIM Australia 032 189 – Account Number – 14-6682

For paypal [www.iaim.com.au](http://www.iaim.com.au) **Please quote CONFERENCE and your surname as the reference. Thank you.**

**PAYMENT DUE BY Wed 12<sup>th</sup> May, 2010**

Please return this form to Maria Capito 29A Calga St Roseville Chase 2069 or email [amtcapito@hotmail.com](mailto:amtcapito@hotmail.com)

For more information about the Conference please contact – [secretary1@iaim.com.au](mailto:secretary1@iaim.com.au)